

## Scottish Cross Country Relay Championships (Men Masters)

Scottish Athletics Federation/Scottish Athletics Ltd

First held 28<sup>th</sup> October 1995

|           |                                                 |       |                      |       |                    |       |
|-----------|-------------------------------------------------|-------|----------------------|-------|--------------------|-------|
| 2025-6    | Corstorphine AAC                                | 54.09 | Edinburgh AC         | 54.58 | Metro Aberdeen RC  | 56.29 |
| 2024-5    | Corstorphine AAC                                | 55.11 | Inverclyde AC        | 56.34 | Garscube H         | 57.59 |
| 2024-5    | Corstorphine AAC                                | 55.11 | Inverclyde AC        | 56.34 | Garscube H         | 57.59 |
| 2023-4    | Cambuslang H                                    | 57.31 | Garscube H           | 59.19 | Gala H             | 59.20 |
| 2022-3    | PH Racing Club                                  | 57.01 | Gala H               | 57.07 | Shettleston H      | 57.23 |
| 2021-2    | Edinburgh AC                                    | 53.06 | Cambuslang H         | 53.10 | PH Racing Club     | 53.49 |
| 2020-1    | <b>No Championship due to Covid-19 pandemic</b> |       |                      |       |                    |       |
| 2019-20   | Corstorphine AAC                                | 55.12 | Cambuslang H         | 55.41 | Edinburgh AC       | 56.51 |
| 2018-9    | Cambuslang H                                    | 52.41 | Corstorphine AAC     | 53.09 | Shettleston H      | 54.56 |
| 2017-8    | Corstorphine AAC                                | 55.34 | Cambuslang H         | 55.37 | Lothian RC         | 58.19 |
| 2016-7    | Cambuslang H                                    | 53.13 | Corstorphine AAC     | 54.04 | Bellahouston RR    | 55.39 |
| 2015-6    | Ronhill Cambuslang H                            | 54.37 | Kirkintilloch O      | 58.18 | Corstorphine AAC   | 58.48 |
| 2014-5    | Ronhill Cambuslang H                            | 57.23 | Greenock Glenpark H  | 60.56 | Kirkintilloch O    | 61.13 |
| 2013-4    | Ronhill Cambuslang H                            | 56.07 | Corstorphine AAC     | 59.10 | Bellahouston RR    | 59.23 |
| 2012-3    | Ronhill Cambuslang H                            | 56.21 | Corstorphine AAC     | 57.36 | Shettleston H      | 58.16 |
| 2011-2    | Ronhill Cambuslang H                            | 59.29 | Carnegie H           | 60.38 | Bellahouston RR    | 61.47 |
| 2010-1    | Shettleston H                                   | 60.02 | Corstorphine AAC     | 60.41 | Fife AC            | 60.53 |
| 2009-10   | Carnegie H                                      | 58.28 | Edinburgh AC         | 60.08 | Kilbarchan AAC     | 60.34 |
| 2008-9    | Shettleston H                                   | 64.28 | Kilbarchan AAC       | 66.17 | Springburn H       | 67.59 |
| 2007-8    | Ronhill Cambuslang H                            | 56.23 | Kilbarchan AAC       | 57.24 | Edinburgh AC       | 59.00 |
| 2006-7    | Ronhill Cambuslang H                            | 58.35 | Kilbarchan AAC       | 59.03 | City of Edinburgh  | 59.44 |
| 2005-6    | Shettleston H                                   | 58.38 | City of Edinburgh    | 60.02 | Dundee Hawkhill H  | 60.27 |
| 2004-5    | Shettleston H                                   | 59.24 | EZ Carnegie H        | 59.59 | Fife AC            | 60.14 |
| 2003-4    | Ronhill Cambuslang H                            | 57.09 | Dundee Hawkhill H    | 58.53 | EZ Carnegie H      | 59.43 |
| 2002-3    | Ronhill Cambuslang H                            | 64.21 | Metro Aberdeen RC    | 65.58 | City of Edinburgh  | 66.21 |
| 2001-2    | Metro Aberdeen RC                               | 59.37 | Inverclyde AC        | 59.40 | Falkirk Victoria H | 59.47 |
| 2000-1    | Fife AC                                         | 57.22 | Ronhill Cambuslang H | 57.45 | Falkirk Victoria H | 58.52 |
| 1999-2000 | Ronhill Cambuslang H                            | 64.07 | Metro Aberdeen RC    | 64.49 | Dundee Hawkhill H  | 65.33 |

|        |                      |       |                   |       |                  |       |
|--------|----------------------|-------|-------------------|-------|------------------|-------|
| 1998-9 | Ronhill Cambuslang H | 59.09 | Metro Aberdeen RC | 60.05 | FMC Carnegie H   | 60.22 |
| 1997-8 | Metro Aberdeen RC    | 54.27 | Dundee Hawkhill H | 54.50 | Cambuslang H     | 55.01 |
| 1996-7 | Cambuslang H "A"     | 55.55 | Clydesdale H      | 57.55 | Cambuslang H "B" | 59.36 |
| 1995-6 | Metro Aberdeen RC    | 49.07 | Cambuslang H      | 60.05 | Teviotdale H     | 60.22 |

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|         |                                          |       |                      |       |                       |       |
|---------|------------------------------------------|-------|----------------------|-------|-----------------------|-------|
| 2025-6  | Cambuslang H                             | 43.02 | Edinburgh AC         | 44.43 | Cumbernauld AAC       | 44.50 |
| 2024-5  | Cambuslang H                             | 43.44 | Cumbernauld AAC      | 44.59 | Corstorphine AAC      | 45.29 |
| 2023-4  | Cambuslang H                             | 44.13 | Garscube H           | 44.22 | Cumbernauld AC "B"    | 44.48 |
| 2022-3  | Cumbernauld AC                           | 44.52 | Cambuslang H         | 45.19 | Corstorphine AAC      | 45.38 |
| 2021-2  | Perth RR                                 | 41.53 | Cumbernauld AC       | 41.57 | Cambuslang H          | 42.20 |
| 2020-1  | No Championship due to Covid-19 pandemic |       |                      |       |                       |       |
| 2019-20 | Perth RR                                 | 43.37 | Cambuslang H         | 44.29 | Cumbernauld AC        | 45.19 |
| 2018-9  | Cambuslang H                             | 42.12 | Cumbernauld AC       | 42.23 | Shettleston H         | 42.58 |
| 2017-8  | Corstorphine AAC                         | 44.56 | Shettleston H        | 44.59 | Metro Aberdeen RC     | 45.08 |
| 2016-7  | Cambuslang H                             | 42.20 | Shettleston H        | 42.37 | Kilbarchan AAC        | 42.52 |
| 2015-6  | Ronhill Cambuslang H                     | 45.35 | Strathearn H         | 46.08 | Edinburgh AC          | 46.25 |
| 2014-5  | Shettleston H                            | 46.15 | Ronhill Cambuslang H | 46.44 | Edinburgh AC          | 47.01 |
| 2013-4  | Ronhill Cambuslang H                     | 43.30 | Central AC           | 46.49 | VP City of Glasgow AC | 47.12 |
| 2012-3  | Ronhill Cambuslang H                     | 45.28 | Fife AC              | 47.45 | VP City of Glasgow AC | 49.08 |